

Intro: *Em C G D*

(Play *Em* Throughout Verse)

Memories concern  
Like opening the wound  
I m picking me apart again  
You all assume  
I m safer in my room  
Unless I try to start again

[Chorus]

*C*  
I don t want to be the one  
*D*  
Who battles always choose  
*C*  
Cuz inside I realize  
*D*  
That I m the one confused

*Em* *C*  
I don t know what s worth fighting for  
*D*

Or why I have to scream  
*Em* *C*  
I don t know why I instigate  
*D*

And say what I don t mean  
*Em* *C*  
I don t know how I got this way  
*D*

I know it s not alright  
*C* *D*  
So I m breaking the habit  
*C* *D* *Em*  
I m breaking the habit tonight

(Play *Em* Thgroughout Verse)

Cultured my cure  
I tightly lock the door  
I try to catch my breath again  
I hurt much more  
Than anytime before  
I have no options left again

[Chorus]

*C*  
I dont want to be the one  
*D*  
Who battles always choose  
*C*  
Cuz inside I realize  
*D*  
That I m the one confused

*Em* *C*  
I don t know what s worth fighting for  
*D*  
Or why I have to scream  
*Em* *C*  
I don t know why I instigate  
*D*  
And say what I don t mean  
*Em* *C*  
I don t know how I got this way  
*D*  
I ll never be alright  
*C* *D*  
So I m breaking the habit  
*C* *D* *Em*  
I m breaking the habit tonight  
(Bridge)  
*Em* *D*  
I ll paint it on the walls  
*C* *D*  
Cuz I m the one that falls  
*Em* *D*  
I ll never fight again  
  
*C* *D*  
And this is how it ends

[Chorus]

*Em* *C*  
I don t know what s worth fighting for  
*D*  
Or why I have to scream  
*Em* *C*  
But now I have some clarity  
*D*  
to show you what I mean  
*Em* *C*  
I don t know how I got this way  
*D*  
I ll never be alright  
*C* *D*  
So I m breaking the habit  
*C* *D*  
I m breaking the habit  
*C* *D* *E*  
I m breaking the habit tonight