

CHORUS)

*E* *C*

Crawling in my skin

*G* *D*

These wounds they will not heal

*E* *C*

Fear is how I fall

*G* *D*

Confusing what is real

(VERSE)

*Em* *C*

There's something inside me that pulls beneath the surface

*G* *D*

Consuming, confusing

*Em* *C*

This lack of self-control I fear is never ending

*G*

Controlling

*D*

How I can't seem

*C* *D*

To find myself again

*Em*

My walls are closing in

(Without a sense of confidence I'm convinced that there's just too much pressure to take)

*C* *D*

I've felt this way before

*E*

So insecure!!

(CHORUS)

*E* *C*

Crawling in my skin

*G* *D*

These wounds they will not heal

*E* *C*

Fear is how I fall

*G* *D*

Confusing what is real

(VERSE)

*Em* *C*

Discomfort, endlessly has pulled itself upon me

*G* *D*

Distracting, reacting

*Em* *C*

Against my will I stand beside my own reflection

*G* *D*

It's haunting how I can't seem

*C* *D*

To find myself again

*Em*

My walls are closing in

(Without a sense of confidence I'm convinced that there's just too much pressure  
to take)

*C D*

I've felt this way before

*E*

So insecure!!

(CHORUS)

*E C*

Crawling in my skin

*G D*

These wounds they will not heal

*E C*

Fear is how I fall

*G D*

Confusing what is real